

Katy Girard
Unison Healing LLC
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Unison Healing Breathwork Informed Consent Form

Katy Girard of Unison Healing LLC is an Energy Medicine Professional, specializing in Reiki, Sound Healing and Breathwork. Energy Medicine is a gentle, complementary, energy-based approach to health and healing that can assist in bringing the body to its natural ability to heal. I do not diagnose or treat disease and I am not a physician. These sessions are not a substitute for diagnosis or treatment from a qualified health practitioner for illnesses, injuries, or other medical conditions. My services are not licensed by the state of MN and my practice is guided by the attached Code of Ethics and Standards of Care.

Credential:

I received my Breathwork certification in the David Elliott Method level 1-5
I am a Reiki Master and a Member of the Reiki Association
I completed a Sound Healing Level 1
PSYCH-K facilitator

I _____ have received information and understand that Breathwork is a complementary energy-based approach to health and healing that can assist my body in its natural ability to heal. I fully acknowledge and understand that this is accomplished through the use of deep breathing and contact and/or non-contact touch.

It has been explained to me that Breathwork, Reiki and Sound Healing are a complementary modality not intended to replace any currently prescribed medical treatments as ordered by my physicians nor any other medical care I may be advised to seek by them.

I have been informed of my practitioner's education and certifications. I am aware that they will not diagnose any medical condition nor prescribe for any condition that I might have. They do not make any specific claims regarding results from the Breathwork, Reiki or Sound Healing sessions that I receive.

I have been encouraged to consult a licensed medical practitioner for any physical or mental complaints I may have.

I have been informed that all client information and records are treated in a confidential manner. My experiences during these sessions are confidential subject to the usual exceptions governed by state or federal laws and regulations.

Except in the case of gross negligence or malpractice, I or my representative(s) agree to fully release and hold harmless Katy Girard and Unison Healing LLC from and against any and all claims or liability of whatsoever kind or nature arising out of or in connection with my session(s).

My questions have been answered to my satisfaction regarding my Breathwork facilitator's background, the method(s) they use, and what I might expect from this session.

Breathwork, Reiki and sounds Healing are 95\$/hrs for individual session and 45\$/person in group setting. Payment is due in full at time of service. Cash, check, are accepted.

I give my consent to receive Breathwork session(s) from KATY GIRARD

Printed Name _____

Signature _____ Date _____